HOW YOU CAN HELP OTHERS STAY HEALTHY



WASH YOUR HANDS

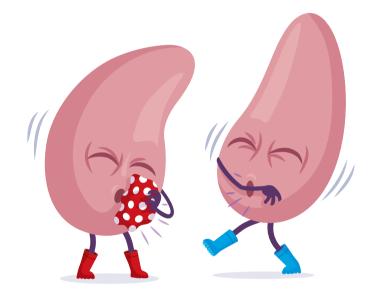
Wash hands regularly, with soap and warm water, for at least 20 seconds while singing the ABCs.



HAND SANITIZE AS A BACK UP

If soap and water are not available. the next best option is hand sanitizer.





SNEEZE INTO A TISSUE OR YOUR ELBOW IF YOU DON'T HAVE ONE







Orgamites® is an organ donation and health education programme created by Roydon Turner. Creative and production by All Good Co. CIC (Allgoodco.org) @Copyright 2016. All rights reserved. (CC BY-NC-ND 4.0) Go to Orgamites.com