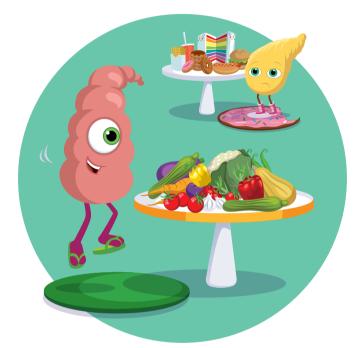
## THE 5 MIGHTY HABITS FROM THE ORGAMITES

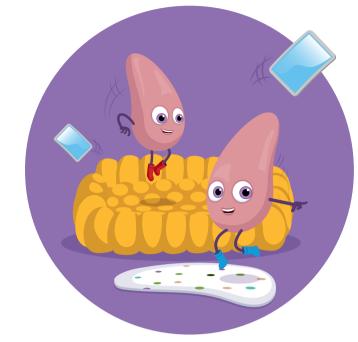


1. GET MOVING AND GROOVING!



4. EAT MORE GOOD FOOD!





2. TAKE A BREAK FROM SCREENS!



**3. DRINK MORE WATER!** 



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